**Preparedness Ideas for On the Road**

**Canned Oxygen**

Small, canned oxygen can help you in the following ways:

-High Altitudes if you have trouble breathing in high altitudes this will help give you an oxygen boost.

-In a Disaster when air quality is not optimum.

-Trapped in a tornado shelter, or room in your home after a natural disaster when air quality is not ideal.

-Breathing issues such as asthma or other health breathing issues.

-Use before, during, and after strenuous physical activities.

Diagram

Description automatically generated A picture containing text, bottle, close

Description automatically generated A picture containing text, bottle, indoor

Description automatically generated

\*\*Highly Flammable, keep away from Open Flames\*\*

**Inflatable Solar Lights**

These are compact when not in use and you inflate them for more light. They can be utilized in areas when electricity is not available, such as camping, and can be used in your home when the power goes out instead of candles that could be knocked over.

They come in different sizes and colors and some with a USB adapter.

A picture containing table, indoor

Description automatically generated A picture containing cup, table, drink, glass

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**Filtered Water Straws**

These can be used when water source is contaminated. These are small and portable and remove bacteria and parasites as well as microplastics found in the environment. You can store these in your 72-hour kits, your car, or in your home.

A picture containing diagram

Description automatically generatedTimeline

Description automatically generated A picture containing text, toiletry

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**Water Filter Cases**

These will help you keep them protected and everyone in your family could have one. They have different styles and colors available.

A close-up of a pen

Description automatically generated with medium confidence A picture containing indoor, case, accessory

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**Butane or Propane Stove Burner**

These are portable and can be used when electricity or other cooking options are not available.

A picture containing indoor, kitchen appliance

Description automatically generated A picture containing electronics, projector

Description automatically generated A picture containing projector

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**Car and Truck Camping Gear**

These are good to have if you unexpectedly must camp on the road and stay in your car.

**A picture containing car, transport, roof

Description automatically generated **

 

**Portable Air Conditioner or Battery Powered Fans**

Portable, rechargeable air cooler is great to have if you do not have electricity and it is hot.

A picture containing indoor, file

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