|  |  |  |  |
| --- | --- | --- | --- |
| **Month** | **Spiritual** | **Financial** | **Emergency** |
| **January**Be Ready: D&C 88:119 | * Family and personal prayers
* Plan FHEs with family
* Set scripture reading time
* \*Read: Intro to The Book of Mormon-1 Nephi 19
* Family History and Temple attendance
 | * Analyze your finances
* Track your expenses

(See “All is Safely Gathered In Family Finances”, and “One For The Money” brochures) | * Inventory current emergency preparedness items
* Water / Beverage storage
* Begin 3 month supply
 |
| **February**Be Doers: 1 Nephi 3:7 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: 1 Nephi 20-2 Nephi 17
 | * Create your family budget
* Set your financial goals
 | * 72-Hour Kits
* Tornado Prep
* Breakfast foods
 |
| **March**Be Charitable: Mosiah 2:17 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: 2 Nephi 18-Jacob 4
 | * Create / Update Wills
* 25% to your financial goal
 | * Plan and plant garden
* Communication
* Family Emergency Plan
* Tomatoes/Pasta
 |
| **April**Be Clean: Isaiah 1:18 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: Jacob 5 – Mosiah 13
 | * Important Papers
* Continue working on financial objectives
 | * Sanitation
* Hygiene
* Complete 1st month supply
* Soup/Tuna/Beans
 |
| **May**Be Prayerful: 2 Nephi 32:9 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: Mosiah 14 – Alma 4
 | * Emergency Cash Fund
* Continue working on financial objectives
 | * Condiments/Spices
* First Aid / CPR
 |
| **June**Be Healthy:D&C 89:16 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: Alma 5-24
 | * Education / Employment upgrade
* 50% to your financial goal
 | * Exercise
* Recipes
* Grains/Vitamins
 |
| **July**Be Guardians: Alma 46:12 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: Alma 25-44
 | * Inventory and household items for insurance
* Continue working on financial objectives
 | * Shelter
* Bedding
* Summer Foods
 |
| **August**Be Compassionate:Psalms 145:8 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: Alma 45-Helaman 1
 | * Review home & car insurance
* Continue working on financial objectives
 | * Power & light
* Kids Emergency Kits
* Complete 2nd month supply
* Fruits/Vegetables
 |
| **September**Be Hopeful: Moroni 7:42 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: Helaman 2-3 Nephi 5
 | * 75% to your financial goal
* Home Protection and Safety (fire, health, children, theft)
 | * Emergency Cooking
* Emergency Prep Books
* Meats/Potatoes
 |
| **October**Be Faithful: D&C 61:10 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: 3 Nephi 6-25
 | * Review life and health insurance (prepare for enrollment)
* Continue working on financial objectives
 | * Fire Safety
* Auto Kits
* Oils/Fats
 |
| **November**Be Grateful: Alma 37:37 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: 3 Nephi 26-Ether 5
 | * Review holiday budget - don't over spend
* Analyze finances of current year
 | * Heating / Cooling
* Clothing
* Baking Basics
 |
| **December**Be Christlike: 3 Nephi 27:27 | * (Continue with Spiritual goals and activities listed in January)
* \*Read: Ether 6 - Moroni 10
 | * Adjust Budget for new year
* 100% to your financial goal for this year
 | * Re-Inventory Storage
* Check 72-Hour Kits
* Complete 3rd month supply
 |

\*Scripture reading chapters are **suggested** chapters to cover reading the Book of Mormon in one years’ time. On this suggested schedule, there is ample time to study other of the Standard Works.